



## Faculty Details proforma for MLNC Web-site

(PLEASE FILL THIS IN AND Email it to [motilalnehru64@gmail.com](mailto:motilalnehru64@gmail.com))

cc: [secretarystaffcouncil@mln.du.ac.in](mailto:secretarystaffcouncil@mln.du.ac.in)

Title	MR.	First Name	<b>ASHISH PREM SINGH</b>	Last Name	<b>NAMA</b>	Photograph
Designation		<b>Assistant Professor</b>				
Address		<b>222- UPPER GROUND FLOOR, KAKROLA HOUSING COMPLEX, DWARKA MOR NEW DELHI – 110 078</b>				
Phone No	Office	<b>+91 11 24112604</b>				
Residence		<b>+91 9818049974</b>				
		<b>+91 8076768110</b>				
Mobile						
Email		<b><a href="mailto:namaashish2002@yahoo.com">namaashish2002@yahoo.com</a></b>				
Web-Page		<b><a href="http://mlncdu.ac.in/">http://mlncdu.ac.in/</a></b>				
<b>Educational Qualifications</b>						
Degree				Year		
Ph.D.		<b>NA</b>		--		
M.Phil. / M.Tech.		<b>NA</b>		--		
PG		<b>MASTER OF PHYSICAL EDUCATION</b>		<b>1995-97</b>		
UG		<b>BACHELOR OF PHYSICAL EDUCATION</b>		<b>1992-95</b>		
Any other qualification		<b>DIPLOMA IN COACHING [BASKETBALL]</b>		<b>1997-98</b>		
<b>Career Profile</b>						
<ul style="list-style-type: none"> <li>Worked as Lecture in Physical Education, LNCPE, Sports Authority of India, Nov 1998 to Nov 2002.</li> <li>Worked as Director (Venue Operations and Overlays) , Organising Committee Commonwealth Games, 2010 Delhi</li> <li>Worked as Deputy Director (Sports), Organising Committee, South Asian Games, Guwahati/Shillong, 2015.</li> <li>Coordinator (Operations), National Games, Kerala 2015.</li> <li>Coordinator to Chef de Mission (Indian Contingent), 17th Asian Games Incheon.</li> <li>Manager (Sport Presentation) 15th Asian Canoe Polo Championship.</li> <li>Manager Operations, 1st Beach Volleyball Asian Qualifier tournament 2014.</li> <li>Manager Operations, National Inter-district Junior Athletics Championship, 2014.</li> <li>Manager Sports Presentation, National Athletics Championship, Lucknow, 2014.</li> <li>Manager Sports Presentation, National Junior and Youth Championship 2014.</li> <li>Technical Official (Sport Presentation), Delhi Half Marathon, 2014.</li> <li>Manager Sport Presentation, Lusofonia Games, Goa (India) 2014.</li> </ul>						

<b>Administrative Assignments</b>
<ul style="list-style-type: none"> <li>• THE INTERNATIONAL SESSION FOR EDUCATORS AND OFFICIALS OF HIGHER INSTITUTES OF PHYSICAL EDUCATION, International Olympic Academy, Athens (GREECE) June 2011.</li> <li>• Sports Administration of the Olympic Solidarity, Sports Administration Programme 2004.</li> <li>• Convenor, Sports Committee, alternate years.</li> <li>• In charge, Department of Physical Education and Sports Sciences, alternate years.</li> <li>• Member College Discipline Committee.</li> <li>• Member of College Discipline Committee.</li> <li>• Member, College Garden Committee.</li> </ul>
<b>Areas of Interest / Specialization</b>
<ul style="list-style-type: none"> <li>• Delegate Management</li> <li>• Sport Venue Development</li> <li>• Sports Functional Management</li> <li>• Sport Presentation</li> <li>• Venue Search</li> <li>• Project Management</li> </ul>
<b>Subjects Taught</b>
<ul style="list-style-type: none"> <li>• PHYSICAL, HEALTH EDUCATION AND SPORTS</li> </ul>
<b>Research Guidance</b>
<b>Publications Profile</b>
<p><b>Papers and Publications</b></p> <ul style="list-style-type: none"> <li>• Participated in International Conference on Yoga, Kaivalyadhama, 1999.</li> <li>• Presented paper titled " Developing a Cardiovascular Endurance Program" in the National Seminar on Health and Fitness organized by Lakshmi Bai National College of Physical Education, Thiruvananthapuram on 30<sup>th</sup> March 2002.</li> <li>• Presented paper titled "Competitive Sport Anxiety as a function of success in shooting in Basketball" in 14<sup>th</sup> National Conference of Sport Psychology, at Varanasi, December 25-27, 2001.</li> <li>• Attended workshop on Mental Training for Fitness, organized by Sport Psychology Association of India, Varanasi, December 24, 2001.</li> <li>• Participated in two-day workshop in International Workshop on Sport Psychology on 3<sup>rd</sup> and 4<sup>th</sup> July 1998.</li> <li>• Attended the second National Conference on Sport Management organized by the Indian Association of Sport Management, Mahatma Gandhi University, Kochi on 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> September 1996.</li> <li>• Taken thesis as subject in final year Masters Degree title- "Attitude of Collegiate Students towards women participation in Sports" Lakshmi Bai National College of Physical Education [University of Kerala], Thiruvananthapuram, 1996-97.</li> <li>• Presented paper in the 16<sup>th</sup> Annual Convention of Sports Psychology Association of India and National Seminar at CCS University, Meerut (UP) from 27 to 29 December 2003.</li> <li>• Presented paper "Motor Learning and Yoga" in V International Conference on Yoga, Kaivalyadhama, Lonavla from 28<sup>th</sup> to 31<sup>st</sup> December 2006.</li> <li>• Presented paper "Effect of six week breathing exercises and asana on simple basketball shooting skills" at Hyderabad from 17<sup>th</sup> January to 21<sup>st</sup> January 2007.</li> <li>• <b>Presented paper "Venue Operation in CWGD2010" at University of British Columbia, Vancouver, Canada March 06-08, 2010.</b></li> </ul>

### Books, Compilations and Coordination

- Associate Editor, **Sports Era**, Manral Publications, Janakpuri, New Delhi 110 058.
- Compilations and Contribution in **Field Manual of Games and Sports**, Nageen Prakashans Pvt. Ltd. Western Kutchery Road Meerut – 250 001.
- Associate Author – **Health and Physical Education class XI** Nageen Prakashans Pvt. Ltd. Western Kutchery Road Meerut – 250 001.
- Associate Author – **Health and Physical Education class XII** Nageen Prakashans Pvt. Ltd. Western Kutchery Road Meerut – 250 001.
- Associate Editor – **Book of Minor Games**, Metropolitan Publications, New Delhi.
- Advisor- **Sports Era**, Manral Publications, Janakpuri, New Delhi 110 058.
- Co-ordinator “All India Sports Goods Directory”, Dwarka, New Delhi.

### Leadership and Adventure Camp

- Completed National Himalyan Trekking expedition “**Saur Kundi Pass**” organized by Youth Hostel Association of India at Kullu Manali in Himachal Pradesh April, May and June 2006.
- Attended Leadership Training Camp, Palode, Kerala, 1994.
- Manager, National Integration Camp cum Youth Festival, Organised by the Patnitop Development Authority, Government of Jammu & Kashmir, Patnitop from October 4-10, 2004.

### Research Projects (Major Grants/Research Collaboration)

NA

### Awards and Distinctions

- **Gold Medalist** – Master of Physical Education, Lakshmibai National College of Physical Education [University of Kerala], Kariavattom, Thiruvananthapuram – 695 581, 1997.
- **Gold Medalist** – Bachelor of Physical Education, Lakshmibai National College of Physical Education [University of Kerala], Kariavattom, Thiruvananthapuram – 695 581, 1995.
- **First Rank** – Diploma in Coaching Basketball, Netaji Subhash National Institute of Sports, Kangeri, Bangalore, 1998.
- **First Rank** – Teachers Training Certificate Course in Yoga, G.S. College of Yoga and Cultural Synthesis, Kaivalyadhama, Lonavla, 1994.
- Participated at All India Inter-university competition in basketball and handball, for University of Kerala.
- **Silver Medalist** – Handball, School Games Federation of India, 1992.

### Association With Professional Bodies

- INDIAN OLYMPIC ASSOCIATION
- INDIAN KAYAKING AND CANOEING ASSOCIATION
- DELHI KAYAKING AND CANOEING ASSOCIATION

### Other Activities

- Organization and Administration of activities related to Physical Education, Sports, Fitness and Solidarity Programmes.
- Organization of Competitions, Seminars, Conferences, Workshops.
- Implementation of agenda set by the management.

Signature of Faculty Member

- You are requested to also give your complete resume as a DOC or PDF file to be attached as a link on your faculty page.